HENDERSON HALL SEMPER FIT



ECEH FIACE SCHEDULE

7 AM Apr 26 SAPR Spring Salute 5K

7 AM May 17 Iwo Jima 7K

7 AM Jun 28 Chesty's 5K

7 AM Sep 27 Devil Dog 5K

7:30 AM Oct 25 Haunted Hill Halloween 5k

7 AM Nov 15 Joint Base Turkey Trot 5K



Races are on Fridays from the Cpl Terry L. Smith Gym, Joint Base Myer-Henderson Hall for more information call 703-614-6332

