

EXCEPTIONAL FAMILY MEMBER PROGRAM

• YEAR ROUND • SPECIAL NEEDS AQUATICS SWIM LESSONS

FREE

Adapted Swim lessons for EFMP families
attached to H&S Battalion Henderson Hall
Monday – Thursday, 9:45 – 10:15 am
Zembiec Pool, Henderson Hall

Personalized instruction from instructor certified in:

- WaterART Aqua Aerobics
- American Red Cross CPR/AED for the Professional Rescuer
- Oxygen Administration
- Bloodborne Pathogen
- Lifeguarding
- Water Safety Instructor



Contact the EFMP office for a schedule and registration form
703-693-5353 or 703-693-4172



www.mccsHH.com

