



(11) **INFANT SLEEP POLICY**

1. Babies from 0-12 months must be placed on their backs to sleep.
2. After 6 months of age, if a baby finds another sleep position after being originally placed on the back the child may continue sleeping in that position.
3. Mattresses must be firm and meet current safety standards.
4. Cribs must meet current safety standards for distance between slats.
5. Blankets may only be used in the following ways:
 - a. Swaddling a baby in a receiving blanket
 - b. Placing the infant near the bottom of the crib and tightly wrapping the blanket around the bottom of the crib reaching only as high as the infant's chest.
6. Fleece sleepers are recommended instead of blankets.
7. No pillows, quilts, comforters, toys, or other soft products should be placed in the bed.
8. OFCC providers must be either within sight or sound of sleeping infants at all times.
9. Sleeping areas must be lighted at all times.
10. Doors may not be closed on sleeping areas separating infants from providers
11. Sleep position devices may not be used.
12. Providers need to check on sleeping infants at least every 15 minutes.
13. Bumper pads are not recommended. Thin, tightly tied bumper pads are allowed. Thick, pillow like bumper pads are not allowed.
14. If a child must sleep in an alternative position for medical reasons, the provider must have a written exemption statement on file from a medical provider.

This form is Applicable to my child

This form is Non-Applicable to my child

Sponsor's Name _____

Sponsor's Signature _____

Date _____