



Monday, August 30

- ❑ Marine Club sandwich buffet 11 AM – 2 PM. \$8.75 includes Mega Salad Bar. Bar menu 4 – 8 PM. 703-614-2125

Tuesday, August 31

- ❑ "Why Did I Get Married Too?" is available in the MCX Sound Shop on Blu-ray and DVD. Own it today!
- ❑ Tex Mex Tuesday at the Marine Club. Buffet 11 AM – 2 PM. \$9.75 includes Mega Salad Bar. Bar menu 4 – 8 PM. 703-614-2125

Wednesday, September 1

- ❑ The MCX HUGE Sale & Clearance begins today and continues through September 6. Look for percentages off already low MCX prices.
- ❑ Alexandre London made-to-measure suits are 60% off through September. 703-979-8420.
- ❑ Win a pair of tickets to Toby Keith in concert at Jiffy Lube Live in Barstow, Virginia, September 11. Enter at the MCX sound shop by September today at 3 PM. 703-979-8420
- ❑ A four-part anger management series begins today and continues weekly through September 22. The classes are held in Bldg. 12's conference room 9 – 11 AM. Register: 703-614-7204/05.
- ❑ Marine Club serves an Italian Specialties buffet 11 AM – 2 PM. \$9.75 includes Mega Salad Bar. Bar menu 4 – 8 PM. 703-614-2125

Thursday, September 2

- ❑ Thursday's Zumba class returns! The time slot changes to 5 – 6 PM beginning today. 703-614-8759
- ❑ **Marine Club holds a battalion Pre-Labor Day picnic 11 AM – 2 PM. The barbecue lunch is free to Headquarters and Service Battalion personnel. All others are welcome and pay \$7. The event features a "Great Giftcard Giveaway" courtesy of sponsors USAA, Procter and Gamble, and Martinsburg Institute. Stop by the USO Mobile, courtesy of USO Metro DC.**

Friday, September 3

- ❑ Marine Club seafood buffet 11 AM – 2 PM. \$11.75 includes Mega Salad Bar. Social hour 4 PM, DJ entertainment 'til 11 PM. 703-614-2125

Saturday, September 4

- ❑ Semper Fit goes on a fishing excursion to the Chesapeake Beach, Maryland. The fee is \$98 and includes transportation, bait, tackle, and six hours of fishing on the Chesapeake Bay. Bring your drinks and food in a cooler. Register at ITT. The next fishing trips are scheduled for October 2 and November 13. 703-979-8420 ext. 116

Monday, September 6 • Labor Day Federal Holiday

- ❑ The MCX and The Vineyard are open 10 AM – 6 PM; the barber shop and ITT are open 10 AM – 3 PM. Smith Gym is open 9:30 AM – 6 PM, the SMP's MDCXXX Lounge is open 10 AM – 10 PM, and the Zembiec Pool is open 8 AM – 8 PM. All other MCCS activities are closed.

Upcoming and Ongoing...

- ❑ **All retail activities, to include the MCX, The Vineyard, Information Tickets and Tours, barber shop, and the Marine Club remain OPEN during renovation. Please follow posted signs to entrances and use caution near construction areas.**
- ❑ The SMP volunteers at Christ House in Washington, D.C. on Tuesday, September 7, 4 – 7:30 PM. 703-614-4947.
- ❑ Learn about portable career opportunities and resources for military spouses Thursday, September 9, 9:30 – 11 AM, at the Career Resource Management Center. Register: 703-614-6828.
- ❑ The Zembiec Pool will be closed for swimming Thursday, September 9, until 2 PM. At a noon ceremony, the pool will be formally re-opened and dedicated to the memory of Marine Major Douglas A. Zembiec. A reception will follow the ceremony. 703-693-7351
- ❑ The MCX Designer Month begins Thursday, September 9. Look for your favorite designer brands on sale throughout the month.
- ❑ They're here! The 2010 White House Christmas Ornaments are in store now! Featuring the Marine Band, these ornaments will be treasured gifts for holiday seasons for years. 703-979-8420
- ❑ Registration is open for the September 15 Devil Dog Run. The 7k race begins at 6:35 AM and is open to runners and walkers. Register online and visit our website for updated information, coming soon, or call 703-614-8759.
- ❑ ITT has discount tickets for sale to the September 25, 8 PM, performance of Tyler Perry's "Madea's Big Happy Family" at Verizon Center. ITT also sells discounted Redskins tickets and tickets to area movie theaters. 703-979-8420 ext. 116
- ❑ Check out the MCX construction project webpage www.mccsHH.com/Retail/MCX_Renovation.html, updated frequently.
- ❑ **A women's support and empowerment group for survivors of emotional/physical abuse meets weekly. Information: 703-614-7204.**
- ❑ For ongoing tests provided by the Lifelong Learning Branch, please visit www.mccsHH.com/MFS/Lifelong_Learning.html 703-614-9104