

Henderson Hall "The Week Ahead" • January 30 – February 6

MCCS Henderson Hall, Joint Base Myer-Henderson Hall, Arlington VA 22214



Monday, January 30

- ❑ The New Parent Support Program holds 1-2-3- Magic, an easy-to-learn parenting solutions class, 1 – 3 PM in Bldg. 12's conference room. NPSP assists families with children age five and younger. Register: 703-614-7204.
- ❑ The Smith Gym basketball court closes Mondays and Wednesdays, 5 – 6 PM, through February 13. 703-614-7214
- ❑ Marine Club sandwich buffet 11 AM – 2 PM. \$8.75 includes salad bar. Bar closed Mondays. 703-614-2125.

Tuesday, January 31

- ❑ Own it today: "In Time" \$19.99 on Blu-ray, \$16.99 on DVD until February 4. Low price guaranteed and tax free as always. Ask an associate for details. 703-979-8420
- ❑ The Smith Gym basketball court closes Tuesdays and Thursdays, 5:30 – 7:15 PM, through February 9. 703-614-7214
- ❑ Marine Club Tex-Mex buffet 11 AM – 2 PM. \$9.75 includes salad bar. Bar closed Tuesdays. 703-614-2125

Wednesday, February 1

- ❑ The New Parent Support Program holds a play group for families with children age five and younger. They meet at the Indian Head USO 10 – 11 AM. Find out more: 703-614-7204
- ❑ The Smith Gym basketball court closes Mondays and Wednesdays, 5 – 6 PM, through February 15. 703-614-7214
- ❑ Marine Club Italian Specialties buffet 11 AM – 2 PM. \$9.75 includes salad bar. Bar closed Wednesdays. 703-614-2125

Thursday, February 2

- ❑ The Smith Gym basketball court closes Tuesdays and Thursdays, 5:30 – 7:15 PM, through February 9. 703-614-7214
- ❑ Marine Club Southern Comfort buffet 11 AM – 2 PM. \$9.75 includes salad bar. Bar opens at 4:30 PM. 703-614-2125

Friday, February 3

- ❑ Command Team Advisor/Family Readiness Assistant training is noon – 4 PM, Bldg. 29, Rm. 100, 703-693-1253
- ❑ Taste Kahlúa Rum & Coffee Liqueur and Grand Marnier Liqueur at The Vineyard 11 AM – 2 PM. 703-979-8420 ext. 105
- ❑ Marine Club seafood buffet 11 AM – 2 PM. \$11.75 includes salad bar. Bar opens at 4:30 PM. 703-614-2125

Saturday, February 4

- ❑ Marine Corps Family Team Building holds 7 Habits™ for Military Families, 9 AM – 4 PM, in Bldg. 29, Rm. 105. Learn to be more proactive in your decisions, think win-win, and achieve family synergy; go from just surviving to thriving. Register: 703-693-8906
- ❑ **Let's get it on! Watch the UFC 143 at the Marine Club tonight! Club opens at 8 PM with no cover charge. Food and beverages are available for purchase. Open to DOD ID card holders and their guests. 703-614-2125**

Sunday, February 5

- ❑ It's Super Bowl Sunday—do you have your big screen TV? Check out the selection at the Marine Corps Exchange's electronics department on the store's third floor. Low price guaranteed and tax free as always—because you've earned it! 703-979-8420

Monday, February 6

- ❑ The CRMC holds TAP for separating Marines and their spouses 8 AM – 4 PM this week in Bldg. 29, Rm. 104. 703-614-6828
- ❑ The Smith Gym basketball court closes Mondays and Wednesdays, 5 – 6 PM, through February 8. 703-614-7214
- ❑ Marine Club sandwich buffet 11 AM – 2 PM. \$8.75 includes salad bar. Bar closed Mondays. 703-614-2125.

Upcoming and Ongoing...

- ❑ Join the Tutor & Buddy Program as they volunteer at Barcroft Elementary School February 7, 10:45 AM – 12:15 PM. Meet at corner of Smith Gym & the PT field. Read more at www.mccshh.com/Liaison.html or call 703-693-8378.
- ❑ Sign up is open for the Health Promotions "Fit2Win" weight loss challenge beginning February 22, concluding March 28. Teams and individuals compete to lose the greatest percentage of weight. www.mccsHH.com/Fitness.html. 703-693-8573/614-5959
- ❑ ITT has tickets for Ringling Bros. and Barnum & Bailey Circus at Verizon Center March 17 and 18. Also, Disney on Ice "One Hundred Years of Magic" at Verizon Center February 18 and 19; "Jesus Christ Superstar" in New York April 24, and "Beauty and the Beast" in Washington June 16. Call ITT at 703-979-8420 ext. 116
- ❑ For ongoing tests given by Education & Career Services, please phone 703-614-9104 or visit www.mccsHH.com/learning.html.